

STARBUCKS®

Autumn 2019 Food Nutritional & Allergen Information - UK only

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Product	Product Suitable for		Ingredients	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)
	Vegetarians	Vegans										
Pastries (may vary in some stores)												
Butter Croissant	Y	N	WHEAT flour, butter (MILK) (23%), water, sugar, yeast, whole MILK powder, WHEAT gluten, salt, emulsifier: rape lecithin, flour treatment agent: ascorbic acid, egg wash (EGGS , water).	1071	255	14	9.0	27	5.3	1.4	5.1	0.35
Pain au Chocolat	Y	N	WHEAT flour, butter (MILK) (21%), water, chocolate (10%) [sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring], sugar, yeast, whole MILK powder, WHEAT gluten, salt, emulsifier: rape lecithin, flour treatment agent: ascorbic acid, egg wash (EGGS , water).	1077	258	14	8.9	28	8.3	1.7	4.8	0.31
Pain aux Raisins	Y	N	Water, WHEAT flour, butter (MILK) (14%), raisins (13%), sugar, EGGS , yeast, potato modified starch, whole MILK powder, salt, whey powder (MILK), WHEAT gluten, skimmed MILK powder, stabilisers: calcium acetate, tetrasodium diphosphate, disodium phosphate; fruit and plant extract [carrot, paprika, turmeric], flour treatment agent: ascorbic acid, natural flavouring, egg wash (EGGS , water).	1228	293	12	7.9	40	17	2.0	5.0	0.67
Chocolate Twist	Y	N	Water, WHEAT flour, dark chocolate 16% [sugar, cocoa mass, cocoa butter, fat-reduced cocoa powder, emulsifier: SOYA lecithin, natural vanilla flavour], butter (MILK) 10%, sugar, yeast, modified starch, EGGS , salt, powdered whey (MILK), skimmed MILK powder, WHEAT gluten, stabilisers: calcium acetate, tetrasodium diphosphate, disodium phosphate; flour treatment agent: ascorbic acid, carrot extract, turmeric extract, natural flavouring, paprika extract.	1152	275	12.2	7.3	36	16	2.3	4.3	0.55
Cinnamon Swirl	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], sugar, free range pasteurised EGG , sultanas (5%), palm stearin, rapeseed oil, yeast, ground cinnamon, whey protein concentrate (MILK), water, dextrose, invert sugar, emulsifiers: mono and diglycerides of fatty acids, mono and diacetyl tartaric acid esters of mono and diglycerides of fatty acids, sodium stearoyl lactate, sorbitan monostearate; WHEAT starch, skimmed MILK powder, raising agents: sodium di-phosphates, sodium bicarbonate, calcium phosphates; orange shreds, salt, crème fraîche (MILK), flavourings, colour: carotenes, flour treatment agent: ascorbic acid, glucose syrup, stabilisers: agar, locust bean gum, xanthan gum; acidity regulator: citric acid, orange concentrate, butter (MILK), gelling agent: pectin.	2030	482	12.9	3.9	79	28	2.8	11.0	0.70

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Toasts, Breads & Pancakes												
Luxury Fruit Toast	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], raisins (22%) [raisins, sunflower oil], water, dried cranberries (4%) [cranberries, sugar, sunflower oil], palm oil, free range pasteurised EGG , sugar, yeast, rapeseed oil, dextrose, invert sugar syrup, salt, lemon zest, emulsifiers: mono and diglycerides of fatty acids, esters of mono- and diglycerides, sodium stearoyl lactate; colour: carotenes, flour treatment agent: ascorbic acid.	1924	455	10.3	3.8	80	39	4.9	11	0.54
Banana Bread	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], sugar, banana pulp (16%) [banana, antioxidant: ascorbic acid], pasteurised free range EGG , rapeseed oil, banana (9%), PECAN NUTS (5%), WALNUTS (5%), light soft brown sugar, dried banana slices (1%) [banana, coconut oil, sugar, natural banana flavouring], baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate], raising agent: sodium bicarbonate, salt, preservative: potassium sorbate	1591	381	21	1.8	43	24	1.6	4.7	0.39
Bars & Brownies												
Granola Bar	Y	N	OATS (GLUTEN) (25%), salted butter [butter (MILK), salt], golden syrup, sultanas (7%) [sultanas, vegetable oil (sunflower, cottonseed)], evaporated milk (MILK), sugar, dried sweetened cranberries (5%) [cranberries, sugar, sunflower oil], dried sweetened cherries (5%) [cherries, sugar, sunflower oil], dried apricots (5%) [apricots, rice flour], honey, pumpkin seeds (4%), soluble vegetable fibre, ALMONDS (NUTS) (3%), linseeds, PECAN NUTS (3%).	1358	326	18	6.4	32	20	6.8	6.0	0.23
Chocolate Caramel Shortbread	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], salted butter [butter (MILK), salt], sweetened condensed milk (MILK , sugar), milk chocolate [sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract], vegetable margarine [vegetable oils (palm, rapeseed), water, salt, emulsifier: polyglycerol esters of fatty acids, natural colourings: annatto, curcumin; natural flavouring], partially inverted refiners syrup, white chocolate flavoured compound [sugar, palm oil, whey powder (MILK), wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), emulsifier: SOYA lecithin, natural flavouring], icing sugar, soft light brown sugar, palm oil, corn flour, whey powder (MILK), cocoa butter, natural vanilla flavouring, emulsifier: mono- and diglycerides of fatty acids.	1519	368	21.8	11	40	26	0.8	3.8	0.54

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Chocolate Brownie	Y	N	Dark chocolate (21%) [sugar, cocoa mass, cocoa butter, fat-reduced cocoa powder, emulsifier: SOYA lecithin, vanilla extract], milk chocolate (20%) [sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract], sugar, pasteurised free range EGG , salted butter [butter (MILK), salt], ground ALMONDS , wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], cocoa powder, cocoa mass, vanilla flavouring, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], salt.	1407	338	21.6	12	30	27	2.2	4.6	0.40
Rocky Road	N	N	Milk chocolate (15%) [sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract], digestive biscuit [wheat flour (WHEAT flour, calcium carbonate, iron, nicotinamide, thiamine), wholemeal WHEAT flour, vegetable oils (palm, rapeseed), sugar, invert sugar syrup, raising agents: sodium bicarbonate, ammonium bicarbonate; salt], dark chocolate (12%) [sugar, cocoa mass, cocoa butter, fat-reduced cocoa powder, emulsifier: SOYA lecithin, natural vanilla extract], salted butter [butter (MILK), salt], marshmallows (10%) [glucose fructose syrup, sugar, water, beef gelatine, maize starch, dextrose, vanilla flavouring, natural colour: beetroot extract], sultanas [sultanas, sunflower oil], white chocolate flavoured compound (8%) [sugar, palm oil, whey powder (MILK), wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamine), emulsifier: SOYA lecithin, natural flavouring], speculoos cookie drops [WHEAT flour, sugar, palm oil, glucose syrup, invert sugar syrup, spices (cinnamon, clove, nutmeg, coriander, pimento, mace, ginger, cardamon, bourbon vanilla, star anise), salt, raising agents: ammonium bicarbonate, sodium hydrogen carbonate; natural cinnamon flavour, orange peel], shortcake biscuit balls [WHEAT flour, non-hydrogenated vegetable fat (palm oil, rapeseed oil), sugar, salt, raising agents: sodium bicarbonate, ammonium bicarbonate, non-hydrogenated vegetable fat (shea kernel oil, palm oil, emulsifier: sunflower lecithin)], golden syrup, cocoa mass, burnt sugar flavouring [sugar, glucose fructose syrup, water], cinnamon, rapeseed oil.	1388	333	20	12	34	27	2.2	3.3	0.30

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Cookies & Cream Brownie	Y	N	Sugar, dark chocolate (14%) [sugar, cocoa mass, cocoa butter, fat-reduced cocoa powder, emulsifier: SOYA lecithin, vanilla extract], pasteurised free range EGG , white chocolate (13%) [sugar, cocoa butter, whole MILK powder, emulsifier: SOYA lecithin, vanilla extract], milk chocolate (13%) [sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract], salted butter [butter, (MILK), salt], ground ALMONDS , mini cookies (4%) [WHEAT flour, sugar, palm oil, cocoa powder, WHEAT starch, glucose-fructose syrup, salt, raising agents: potassium hydrogen carbonate, sodium hydrogen carbonate, ammonium hydrogen carbonate; emulsifiers: SOYA lecithin, sunflower lecithin; vanilla flavouring], wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], full fat cream cheese (MILK), cocoa powder, cocoa mass, vanilla flavouring, double cream (MILK), black cocoa powder, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate; wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], salt.	1501	360	23	12	33	29	1.9	4.7	0.38
Caramel Nut Slice	Y	N	ALMONDS (17%), HAZELNUTS (17%), salted butter [butter (MILK), salt], sweetened condensed milk [MILK , sugar], golden syrup, digestive biscuit [wheat flour (WHEAT flour, calcium carbonate, iron, nicotinamide, thiamine), wholemeal WHEAT flour, vegetable oils (palm, rapeseed), sugar, invert sugar syrup, raising agents: sodium bicarbonate, ammonium bicarbonate; salt], puffed rice [rice, sugar, malt flour (BARLEY)], skimmed MILK powder, salt, glycerol monostearate, rapeseed oil, emulsifier: SOYA lecithin], caramel (4%) [sugar, glucose syrup, palm oil, sweetened condensed milk (MILK , sugar), rapeseed oil, water, salt, natural flavouring, emulsifier: SOYA lecithin, natural colourings: curcumin, annatto], sugar, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], soft light brown sugar, vegetable margarine [vegetable oils (palm, rapeseed), water, salt, emulsifier: polyglycerol esters of fatty acid, natural colourings: annatto, curcumin; natural flavouring], almond butter [roasted ALMONDS , salt], whey powder (MILK), pasteurised free range EGG , soft dark brown sugar, natural vanilla flavouring, cinnamon, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate; wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], emulsifier: mono and diglycerides of fatty acids.	1593	383	27	7.9	29	20	2.2	6.2	0.35
Choc Chunk Shortbread	Y	N	Wheat Flour [WHEAT flour, calcium, iron, niacin, thiamin], butter (MILK), chocolate chunks [cocoa mass, sugar, emulsifier: SOYA lecithin, flavouring], sugar, pasteurised free range EGG .	2060	493	28.0	18	53	25	1.0	6.0	0.21

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Raspberry Crispy Stick	Y	N	Raspberry flavour coating (32%) [sugar, palm oil, whey powder (MILK), natural colour: beetroot, emulsifier: sunflower lecithin, natural raspberry flavouring], puffed rice (15%) [rice, sugar, malt flour (BARLEY), skimmed MILK powder, salt, emulsifier: glycerol monostearate, rapeseed oil, emulsifier: SOYA lecithin], marshmallow (14%) [tapioca syrup, sugar, water, gelling agent: carrageenan blend (carrageenan, locust bean gum, xanthan gum, citrus fibre), hydrolysed pea protein, natural vanilla flavouring], non pareils (14%) [sugar, WHEAT starch, glucose syrup, natural colour: spinach powder, carthamus extract, beetroot juice concentrate, mixed carotenes], salted butter [butter (MILK), salt], golden syrup, honey, sugar.	761	181	7.4	5.4	28	19	0.4	1.0	0.15
Chocolate Crispy Stick	Y	N	Milk chocolate (26%) [sugar, cocoa butter, whole MILK powder, cocoa mass, emulsifier: SOYA lecithin, vanilla extract], glazed dark flakes (16%) [sugar, vegetable fats (palm, shea), fat-reduced cocoa powder, emulsifier: rapeseed lecithin, glazing agent: shellac], puffed rice (14%) [rice, sugar, malt flour (BARLEY), skimmed MILK powder, salt, emulsifier: glycerol monostearate, rapeseed oil, emulsifier: SOYA lecithin], marshmallow (13%) [tapioca syrup, sugar, water, gelling agent: carrageenan blend (carrageenan, locust bean gum, xanthan gum, citrus fibre), hydrolysed pea protein, natural vanilla flavouring], salted butter [butter, (MILK), salt], golden syrup, cocoa butter, honey, sugar, cocoa powder.	765	182	8.3	5.1	25	19	1.1	1.8	0.16
Cookies												
Chocolate Chunk Cookie	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], dark chocolate (24%) [cocoa mass, sugar, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring], sugar, butter (MILK), free range pasteurised EGG , raising agents: monocalcium phosphate, potassium hydrogen carbonate; WHEAT fibre, lactose powder (MILK), glucose fructose syrup, whey powder (MILK), flavouring, invert sugar, salt, rapeseed oil.	1516	363	18.2	11	44	25	2.3	4.5	0.08
Salted Caramel Cookie	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], sugar, salted caramel flavour fudge pieces (16%) [sugar, sweetened condensed MILK , glucose syrup, palm oil, butter oil (MILK), salt, flavouring], butter (MILK), milk chocolate (5%) [sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring], PECAN NUTS , free range pasteurised EGG , raising agents: monocalcium phosphate, potassium hydrogen carbonate; WHEAT fibre, water, glucose fructose syrup, lactose powder (MILK), glucose syrup, whey powder (MILK), flavouring, sweetened condensed MILK , salt, partly inverted refiners syrup, invert sugar, palm oil, rapeseed oil, emulsifiers: rapeseed lecithin, sorbitan monostearate, mono and diglycerides of fatty acids; gelling agent: agar, preservative: potassium sorbate, acid: citric acid, thickener: locust bean gum.	1470	351	13.4	7.5	53	35	1.6	4.1	0.40

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	Vegetarians	Vegans										
Oat & Raisin Cookie	Y	N	OATS (21%), raisins (19%), sugar, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], butter (MILK), palm oil, glucose fructose syrup, water, golden syrup, raising agents: monocalcium phosphate, potassium hydrogen carbonate; rapeseed oil, WHEAT fibre, lactose powder (MILK), invert sugar, whey powder (MILK), mixed spice, salt, cinnamon, flavouring.	1348	321	10.7	4.9	50	30	2.9	4.0	0.10
Cakes												
Vegan Chocolate & Raspberry Cake	Y	Y	Almond drink [water, ALMONDS (NUTS) , calcium, sea salt, stabilisers: locust bean gum, gellan gum; emulsifier: sunflower lecithin, vitamins: B2 riboflavin, B12 folate, E alpha tocopherol, D2 ergocalciferol], wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], dairy free vegetable margarine [vegetable oils (palm, rapeseed), water, salt, emulsifier: polyglycerol esters of fatty acids, natural colourings: annatto, curcumin; natural flavouring], icing sugar, sugar, dark chocolate (6%) [sugar, cocoa mass, cocoa butter, fat reduced cocoa powder, emulsifier: SOYA lecithin, vanilla extract], golden syrup, cocoa powder, water, freeze dried raspberries (1%), lemon juice, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate; wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], glucose syrup, malted BARLEY extract, raising agent: sodium bicarbonate, natural vanilla flavouring, coffee extract, thickening agent: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid	1071	256	10.5	3.2	38	18	1.5	1.5	0.45

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Loaf Cakes												
Pumpkin Loaf Cake	Y	N	Wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), pasteurised free range EGG , rapeseed oil, soft dark brown sugar, pumpkin purée (9%), soft light brown sugar, ground ALMONDS , humectant: glycerine, pumpkin seeds (3%), black treacle [partially inverted sugar syrup, cane molasses], buttermilk (MILK), vanilla flavouring, glaze [water, sugar, glucose syrup, gelling agent: pectin, acid: citric acid, preservative: potassium sorbate], emulsifiers: native starch, mono and diglycerides of fatty acids, polyglycerol of fatty acids; baking powder [raising agents: disodium diphosphates, potassium hydrogen carbonate], ground cinnamon, ground nutmeg, raising agent: potassium bicarbonate, salt, mixed ground spice [ground fennel seed, ground coriander, ground coriander, ground cassia cinnamon, ground ginger, ground nutmeg, ground cloves], preservative: potassium sorbate, ground ginger.	1408	336	17	2.1	40	18	1.9	6.0	0.23
Carrot Loaf Cake	Y	N	Carrot (12%), sugar, soft light brown sugar, rapeseed oil, pasteurised free range EGG , wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], wholemeal WHEAT flour, icing sugar, pineapple, WALNUTS (NUTS) (5%), sultanas, full fat soft cheese (MILK), desiccated coconut, ground cinnamon, water, salted butter [butter (MILK), salt], golden syrup, raising agent: sodium bicarbonate, cornflour, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate; wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], thickening agents: cellulose gum, guar gum; modified starch, preservative: potassium sorbate, salt, vanilla flavouring, ground spice mix, emulsifier: xanthan gum, preservative : potassium sorbate.	1350	323	15.9	3.0	42	28	2.5	3.8	0.57
Lemon Loaf Cake	Y	N	Sugar, pasteurised free range EGG , wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), vegetable margarine [vegetable oils (palm oil, rapeseed oil), water, salt], salted butter [butter (MILK), salt], lemon juice (5%), ground ALMONDS , water, lemon curd (2%) [granulated sugar, free range whole EGG , salted butter [butter (MILK), salt], concentrated lemon juice, water, lemon oil], lemon zest (2%), cream (MILK), emulsifiers: native starch, mono and diglycerides of fatty acids, polyglycerol ester of fatty acids; icing sugar, baking powder [raising agents: disodium diphosphate, potassium hydrogen carbonate; wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin)], caramelised lemon zest [sugar, lemon, water], lemon flavouring, preservative: potassium sorbate, invert sugar syrup, citric acid, thickening agents: cellulose, gum guar	1467	352	21.3	8.8	36	24	1.1	4.3	0.54

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Muffins												
Raspberry Cheesecake Muffin	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], free range EGG , sugar, rapeseed oil, full fat soft cheese (MILK), WHEAT flour, mascarpone cheese (MILK), raspberry (2.7%), WHEAT starch, cream cheese (MILK), raising agents: mono calcium phosphate, diphosphates, sodium hydrogen carbonate, potassium carbonate; potato starch, freeze dried raspberry pieces, free range EGG white, glucose syrup, emulsifier: mono and diglycerides of fatty acids, WHEAT gluten, whey powder (MILK), flavouring, stabilisers: xanthan gum, locust bean gum; preservative: potassium sorbate, modified maize starch, salt, modified tapioca starch, acid: lactic acid (MILK), antioxidants: tocopherol-rich extract, rosemary extract.	1843	441	23.7	5.3	49	23	1.7	6.8	0.50
Blueberry Muffin	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], sugar, free range pasteurised EGG , rapeseed oil, blueberries (10%), wild blueberry filling (8%) [sugar, blueberry, water, glucose-fructose syrup, modified maize starch, acid: citric acid, gelling agent: pectin, thickener: cellulose, preservative: potassium sorbate, natural blueberry flavouring], humectant: glycerine, WHEAT starch, WHEAT flour, raising agents: sodium acid pyrophosphate, monocalcium phosphate, sodium bicarbonate, potassium carbonates; palm oil, lemon zest, potato starch, emulsifier: mono and diglycerides of fatty acids, WHEAT gluten, free range EGG white powder, whey powder (MILK), flavouring, thickener: xanthan gum, preservative: potassium sorbate.	1714	409	19.3	3.1	53	23	1.3	5.8	0.38
Lemon Muffin	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], sugar, free range pasteurised EGG , rapeseed oil, lemon curd filling (10%) [sugar, free range pasteurised EGG , salted butter (MILK), concentrated lemon juice (contains sodium potassium metabisulphite (SULPHITES), water, lemon oil, gelling agent: agar], humectant: glycerine, nibbed sugar, WHEAT starch, WHEAT flour, raising agents: sodium acid pyrophosphate, monocalcium phosphate, sodium bicarbonate, potassium carbonates; potato starch, emulsifier: mono and diglycerides of fatty acids, lemon zest, water, WHEAT gluten, free range EGG white powder, whey powder (MILK), lemon pulp, thickeners: xanthan gum, locust bean gum; natural lemon flavouring, colour: lutein extract, preservative: potassium sorbate, gelling agent: agar, acid: citric acid, flavouring.	1780	424	19.8	3.2	56	29	0.67	5.7	0.39

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Triple Chocolate Muffin	Y	N	Wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], rapeseed oil, free range pasteurised EGG , sugar, chocolate filling (10%) [dark chocolate (cocoa mass, sugar, cocoa butter, fat reduced cocoa powder, emulsifier: SOYA lecithin), water, glucose syrup, invert sugar syrup, salted butter (MILK), sugar, whipping cream (MILK), golden syrup, cornflour, gelling agent: pectin, emulsifier: mono- and diglycerides of fatty acids, flavouring, salt], dark chocolate chips (6%) [cocoa mass, sugar, cocoa butter, cocoa powder, emulsifier: SOYA lecithin], dark chocolate chunks (6%) [cocoa mass, sugar, cocoa butter, cocoa powder, emulsifier: SOYA lecithin], humectant: glycerine, water, cocoa powder, milk chocolate chunks [sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier: SOYA lecithin, natural vanilla flavouring], white chocolate chunks [sugar, whole MILK powder, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring], WHEAT starch, WHEAT flour, raising agents: sodium acid pyrophosphate, monocalcium phosphate, sodium bicarbonate, potassium carbonates; potato starch, emulsifier: mono and diglycerides of fatty acids, WHEAT gluten, free range EGG white powder, whey powder (MILK), colour: vegetable carbon, thickener: xanthan gum.	1966	470	24.9	7.3	54	30	2.1	6.8	0.41
Fruit												
Fairtrade Banana (per unit =whole)	Y	Y	Banana	448	108	0.5	0.0	27.1	14.9	3.2	1.0	0.00