



UK Fresh and Packaged Food Nutritional

Autumn 2015

Table with columns: Item Number, Product, Product Suitable for (Vegetarian, Vegan), Made using ingredients that are (Wheat Free, Gluten Free, Dairy Free), Energy (kJ) (Per 100g, Per Unit), Energy (kcal) (Per 100g, Per Unit), Fat (g) (Per 100g, Per Unit), of which are saturates (g) (Per 100g, Per Unit), Carbohydrates (g) (Per 100g, Per Unit), of which are sugars (g) (Per 100g, Per Unit), Protein (g) (Per 100g, Per Unit), Fibre (g) (Per 100g, Per Unit), Sodium (g) (Per 100g, Per Unit), Equivalent as salt (g) (Per 100g, Per Unit). Rows include categories like Toast, Bars, Biscuits, Shortbreads, & Cookies, Cakes, Loaf Cakes, Muffins, Pastries Gist Delivery, Pastries Direct Delivery, and Porridge / Fruit.

